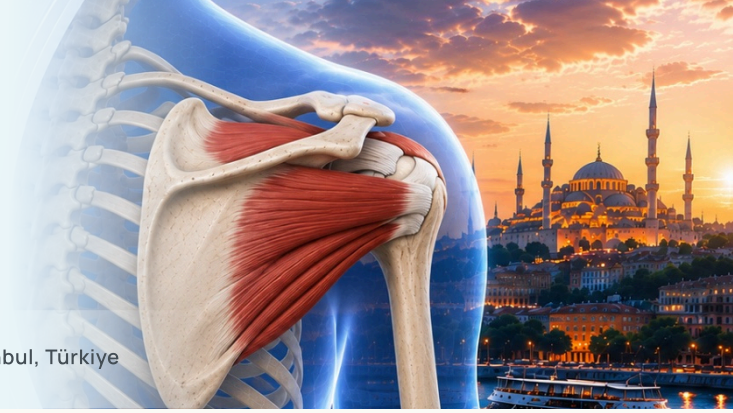
ESSKA

ESSKA SHOULDER FOCUS MEETING

Massive Rotator Cuff Tears

From repair to replace



10–11 September 2027 | Acıbadem Altunizade Hospital | Istanbul, Türkiye

SCIENTIFIC PROGRAMME

2 days
Scientific programme
Friday and Saturday

16
Sessions
with the grand finale debate

10
Clinical cases
worked through live

8
Relive surgical videos
step-by-step technique

SEP 10 FRI

Day one

08:00 to 16:45 • 10 sessions • 19 talks

08:00 to 09:00 · 60 MIN

Session 1 · Anterosuperior tears: repairable massive tears

FORMAT 10-minute presentations, each followed by 5 minutes of discussion

1. Open versus arthroscopic repair: which is the proper arthroscopic repair?
2. "Relive": How I repair it
3. Augmentation techniques
4. Management of the pseudoparetic shoulder
5. Discussion

09:00 to 10:00 · 60 MIN

Session 2 · Anterosuperior tears: irreparable tears

EXPERT DEBATE Which tendon transfer? 10-minute presentations, each followed by 5 minutes of discussion

1. Which tendon transfer? Evidence-based indications and outcomes
2. "Relive": Pectoralis minor transfer
3. "Relive": Pectoralis major transfer
4. "Relive": Latissimus dorsi transfer

10:00 to 10:30 · 30 MIN

Session 3 · Case-based discussion

FORMAT Two clinical cases, 15 minutes each

10:30 to 11:00 Coffee break and industry visit · 30 min

11:00 to 12:00 · 60 MIN

Session 4 · Posterosuperior tears: repairable massive tears

FORMAT 10-minute presentations, each followed by 5 minutes of discussion

1. Treatment algorithm: evidence-based medicine
2. Biological augmentation techniques: footprint preservation, growth factors and stem cells
3. Biceps augmentation: techniques and outcomes
4. Patch augmentation: technique and outcomes
5. Discussion

12:00 to 12:15 · 15 MIN

Session 5 · Opening and greetings

12:15 to 13:15 · Lunch break and industry visit · 60 min

13:15 to 14:15 · 60 MIN

Session 6 · Posterosuperior tears: irreparable tears

FORMAT 10-minute presentations, each followed by 5 minutes of discussion

1. Functional repair
2. Superior capsular reconstruction: long head of the biceps
3. Superior capsular reconstruction: fascia lata autograft
4. Tendon transfers: latissimus dorsi versus lower trapezius

14:15 to 14:45 · 30 MIN

Session 7 · Case-based discussion

FORMAT Two clinical cases, 15 minutes each

14:45 to 15:15 · Coffee break and industry visit · 30 min

15:15 to 15:45 · 30 MIN

Session 8 · Keynote lecture

FORMAT A 20-minute presentation and 10 minutes of free discussion

1. The Future of Rotator Cuff Reconstruction

15:45 to 16:15 · 30 MIN

Session 9 · Keynote lecture

FORMAT A 20-minute presentation and 10 minutes of free discussion

1. Massive Rotator Cuff Tears: Repair, Reconstruct, Transfer or Replace?

16:15 to 16:45 · 30 MIN

Session 10 · Keynote lecture

FORMAT A 20-minute presentation and 10 minutes of free discussion

1. Beyond the Scalpel: Metabolic Health as a Surgical Variable

SEP 11 SAT

Day two

08:30 to 15:30 • 6 sessions • 14 talks

08:30 to 09:45 · 75 MIN

Session 11 · When arthroscopy is no longer enough

FORMAT 10-minute presentations, each followed by 5 minutes of discussion

1. Indications: patient profile (massive tears, retears, pseudoparalysis)
2. Implant design and biomechanics: planning for function
3. From preoperative planning to PSI: bringing the plan into the operating theatre
4. Indications for augmenting with tendon transfers
5. Complications and management
6. Discussion

09:45 to 10:45 · 60 MIN

Session 12 · Case-based discussion

FORMAT Four clinical cases, 15 minutes each

10:45 to 11:15 Coffee break and industry visit · 30 min

11:15 to 12:30 · 75 MIN

Session 13 · Arthroplasty

FORMAT 10-minute presentations, each followed by 5 minutes of discussion

1. How to improve rotations after reverse shoulder arthroplasty
2. "Relive": Subscapularis-sparing deltopectoral approach: technique, tips and tricks
3. "Relive": Anterosuperior approach: technique, tips and tricks
4. "Relive": Navigation-assisted reverse shoulder arthroplasty
5. "Relive": Robotic-assisted reverse shoulder arthroplasty

12:30 to 13:30 Lunch break and industry visit · 60 min

13:30 to 14:00 · 30 MIN

Session 14 · Case-based discussion

FORMAT Two clinical cases, 15 minutes each

14:00 to 14:30 · 30 MIN

Session 15 · Rehabilitation

FORMAT Two talks, to be announced, followed by discussion

14:30 to 15:30 · 60 MIN

Session 16 · Grand finale debate

MODERATORS Emmanouil Brilakis and Maristella Saccomanno · What is the best treatment for the 60-year-old active patient with an irreparable posterosuperior rotator cuff tear? Invitations pending confirmation.

1. Superior capsular reconstruction
2. Lower trapezius transfer
3. Functional (partial) repair
4. Reverse shoulder arthroplasty
5. Discussion

FACULTY

CHAIRS

Emmanouil Brilakis
ESSKA SHOULDER SECTION CHAIR · GREECE

Maristella Francesca Saccomanno
SCIENTIFIC CHAIR · ITALY

Alfonso Maria Romano
SCIENTIFIC CHAIR · ITALY

Nezih Ziroglu
LOCAL CHAIR · TÜRKIYE

Kerem Bilsel
LOCAL CHAIR · TÜRKIYE

Barış Kocaoğlu
LOCAL CHAIR · TÜRKIYE

Preliminary programme, subject to change. Moderators, faculty assignments and case presenters are to be confirmed. Proposed faculty: invitations pending confirmation.