ESSKA

ESSKA HIP FOCUS MEETING

Hip Injuries in Athletes

From FAI to DDH

The Olympic Path to Joint Preservation



15–16 April 2027 NJV Athens Plaza Athens, Greece

SCIENTIFIC PROGRAMME

1.5 days
Scientific programme
Thursday and Friday morning

7 min
Maximum lecture
each answers one clinical question

~50%
Of each session
cases, voting and panel debate

CME
Credits awarded
number to follow UEMS confirmation

APR 15 THU

Day one

10:00 to 18:00 • 5 sessions + final challenge • 22 talks

10:00 to 10:10 · 10 MIN

Welcome and Educational Objectives

MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou

1	Opening, Olympic theme and meeting objectives	**Oliver Marín-Peña and Athanasios Papavasiliou**
2	ESSKA Academy content pathway and interactive format	**Oliver Marín-Peña**

10:10 to 10:17 · 7 MIN

ESSKA Keynote Lecture

INTRODUCTION by the Meeting Chairs

1	The Athletic Hip in 2027: What Should We Be Doing Differently?	**Vikas Khanduja**

10:17 to 11:17 · 60 MIN

Session I · FAI in the High-Impact Athlete

MODERATORS Oliver Marín-Peña and Tahsin Beyzadeoglu

1	FAIS and return to high-impact sport after hip arthroscopy: which morphology really matters?	**Filippo Randelli**
2	Labrum: repair, augmentation or reconstruction?	**Barış Kocaoğlu**
3	Capsule: when is closure not enough?	**Safa Gürsoy**
4	Cartilage damage in the athlete: when does arthroscopy stop making sense?	**Ali Bajwa**

DISCUSSION About 32 minutes of interactive case discussion, with stepwise cases, audience voting and re-voting after discussion. Panel: Filippo Randelli, Barış Kocaoğlu, Safa Gürsoy, Ali Bajwa and Nicolas Bonin.

11:17 to 12:17 · 60 MIN

Session II · Groin, Lateral Hip and Extra-Articular Sports Injuries

MODERATORS Lior Laver and Dora Papadopoulou

1	Groin pain in athletes: a practical diagnostic pathway	**TBC**
2	Deep gluteal syndrome: who really needs surgery?	**Bruno Capurro**
3	Proximal hamstring pathology: when should we repair?	**Marc Tey Pons**
4	Lateral hip pain: rehabilitation before intervention	**Aleksandra Królikowska**

DISCUSSION About 32 minutes of multidisciplinary case discussion. Panel: Bruno Capurro, Marc Tey Pons, Aleksandra Królikowska and Suzanne Huurman.

12:17 to 13:17 — Working lunch and pre-recorded surgery session · 60 min

FORMAT Moderated pre-recorded surgical demonstrations, with the industry exhibition and networking

PROPOSED TOPICS Labral injury management: from repair to reconstruction; Access and capsular management in hip arthroscopy; Cartilage lesion management: from repair to microfracture; Gluteal tendon repair in greater trochanteric pain syndrome. The final selection, the allocation between the two days, the surgeons and the moderators are to be confirmed.

13:17 to 14:17 · 60 MIN

Session III · The Athlete with DDH and Structural Borderlines

MODERATORS Athanasios Papavasiliou and Panayiotis Christofilopoulos

1	Borderline dysplasia: instability or impingement?	**Michael Wettstein**
2	Imaging structural instability beyond the LCEA	**Margarita Natsika**
3	PAO in active patients: indications and return to sport	**Sufian S. Ahmad**
4	Arthroscopy, PAO, femoral osteotomy or combined treatment?	**Ajay Malviya**

DISCUSSION About 32 minutes of interactive structural-decision cases, with votes on arthroscopy, PAO, osteotomy, combined treatment or no surgery. Panel: Michael Wettstein, Margarita Natsika, Sufian S. Ahmad, Ajay Malviya and Panayiotis Christofilopoulos.

14:17 to 14:47 — Afternoon coffee and industry exhibition · 30 min

14:47 to 15:47 · 60 MIN

Session IV · Rehabilitation and Return to Sport

MODERATORS Dora Papadopoulou and Tahsin Beyzadeoglu

1	Rehabilitation progression after hip preservation surgery	**Suzanne Huurman**
2	Functional testing: what should we actually measure?	**Francesco Della Villa**
3	Return to training, sport and performance	**Aleksandra Królikowska**
4	Sport-specific readiness and return-to-performance decision-making	**Dora Papadopoulou**

DISCUSSION About 32 minutes of return-to-sport cases, with audience votes on readiness to train, compete or delay, and on missing criteria. Panel: Suzanne Huurman, Francesco Della Villa, Aleksandra Królikowska and Lior Laver.

15:47 to 16:42 · 55 MIN

Session V · Innovation: Evidence or Enthusiasm?

MODERATORS Jakub Kautzner and Daniel Pérez-Prieto

1	Orthobiologics in the athletic hip: what is actually supported?	**Laura de Girolamo**
2	AI, advanced imaging and 3D planning: what changes clinical decisions?	**Klemen Stražar**
3	Traction-free hip arthroscopy: evolution or revolution?	**Matti Seppänen**

DISCUSSION About 34 minutes of evidence-versus-innovation case discussion. Panel: Laura de Girolamo, Klemen Stražar, Matti Seppänen, Vikas Khanduja and Jakub Kautzner.

16:42 to 17:42 · 60 MIN

Final Interactive Challenge: The Athletic Hip Case That Divides the Faculty

CASE PRESENTERS Oliver Marín-Peña and Athanasios Papavasiliou

DISCUSSION Two complex cases of about 30 minutes each: vote, panel debate, audience questions, re-vote, then the actual treatment and outcome. Panel: Vikas Khanduja, Ajay Malviya, Barış Kocaoğlu, Michael Wettstein, Filippo Randelli and Panayiotis Christofilopoulos.

17:42 to 18:00 · 18 MIN

Day 1 Synthesis and Take-Home Messages

MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou

FORMAT Faculty synthesis of the decisions that changed during discussion, and a preview of Friday morning

APR 16 FRI

Day two

08:00 to 12:00 • 3 sessions • 13 talks

08:00 to 08:50 · 50 MIN

Session VI · ESSKA Hip Research and Rapid Communications

MODERATORS André Sarmento and Filippo Randelli

1	ESSKA Hip collaborative research: where should we go next?	**André Sarmento**
2	Five selected rapid communications, 5 minutes each	**Selected abstract presenters**

DISCUSSION Moderated research discussion. Panel: André Sarmento, Filippo Randelli, Sufian S. Ahmad and Vikas Khanduja.

08:50 to 09:50 · 60 MIN

Session VII · Training the Hip Preservation Surgeon of the Future

MODERATORS Eleftherios Tsiridis and Safa Gürsoy

1	How should hip arthroscopy be taught?	**Jacek Mazek**
2	Cadaveric training: what skills should be assessed?	**Athanasios Papavasiliou**
3	ESSKA Hip Core Curriculum → Academy → Courses	**Daniel Pérez-Prieto**
4	From course attendance to competency-based certification	**Oliver Marín-Peña**

DISCUSSION About 32 minutes of faculty discussion, with votes on competencies and assessment standards. Panel: Jacek Mazek, Athanasios Papavasiliou, Daniel Pérez-Prieto, Oliver Marín-Peña, Vikas Khanduja and André Sarmento.

09:50 to 10:40

Morning coffee and pre-recorded surgery session · 50 min

FORMAT Moderated pre-recorded surgical demonstrations, with the industry exhibition

PROPOSED TOPICS Labral injury management: from repair to reconstruction; Access and capsular management in hip arthroscopy; Cartilage lesion management: from repair to microfracture; Gluteal tendon repair in greater trochanteric pain syndrome. The final selection, the allocation between the two days, the surgeons and the moderators are to be confirmed.

10:40 to 11:40 · 60 MIN

Session VIII · Failed Hip Preservation: Revision, Salvage and Treatment Boundaries

MODERATORS AND CASE PRESENTERS Filippo Randelli and Michael Wettstein

10:40–10:47	Why does hip arthroscopy fail?	**Nicolas Bonin**
10:47–10:54	Revision hip arthroscopy: what can realistically be corrected?	**Jacek Mazek**
10:54–11:01	Structural failure after preservation: reassess the diagnosis	**Panayiotis Christofilopoulos**
11:01–11:08	When should the young active patient move to arthroplasty?	**Daniël Haverkamp**
11:08–11:15	Spinopelvic fulcrum phenotypes and understanding the mechanics in young adults with DDH – data from 450 cases	**Eleftherios Tsiridis**
11:15–11:40	*Interactive case discussions and audience voting*	Moderators and faculty panel

DISCUSSION Case-based discussion led by Filippo Randelli and Michael Wettstein, with votes on revision arthroscopy, PAO, osteotomy, combined reconstruction or THA. Panel: Nicolas Bonin, Jacek Mazek, Panayiotis Christofilopoulos, Daniël Haverkamp, Ajay Malviya and Eleftherios Tsiridis.

11:40 to 12:00 · 20 MIN

Academy Integration, Next Steps and Closing

MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou

1	Academy-ready content and educational gaps	**Daniel Pérez-Prieto**
2	Strategic next steps and certification pathway	**Oliver Marín-Peña**

FACULTY

CHAIRS

- **Oliver Marín-Peña** — SPAIN
- **Athanasios Papavasiliou** — GREECE
- **Ajay Malviya** — UNITED KINGDOM

FACULTY

- **Sufian S. Ahmad** — GERMANY
- **Ali Bajwa** — UNITED KINGDOM
- **Nicolas Bonin** — FRANCE
- **Bruno Capurro** — SPAIN
- **Francesco Della Villa** — ITALY
- **Safa Gürsoy** — TÜRKIYE
- **Daniël Haverkamp** — NETHERLANDS
- **Suzanne Huurman** — NETHERLANDS
- **Vikas Khanduja** — UNITED KINGDOM
- **Barış Kocaoğlu** — TÜRKIYE
- **Aleksandra Królikowska** — POLAND
- **Lior Laver** — ISRAEL
- **Jacek Mazek** — POLAND
- **Filippo Randelli** — ITALY
- **André Sarmento** — PORTUGAL
- **Matti Seppänen** — FINLAND
- **Klemen Stražar** — SLOVENIA
- **Marc Tey Pons** — SPAIN
- **Michael Wettstein** — SWITZERLAND
- **Daniel Pérez-Prieto** — SPAIN
- **Laura de Girolamo** — ITALY
- **Panayiotis Christofilopoulos** — SWITZERLAND
- **Dora Papadopoulou** — UNITED KINGDOM AND GREECE
- **Tahsin Beyzadeoglu** — TÜRKIYE
- **Jakub Kautzner** — CZECH REPUBLIC
- **Eleftherios Tsiridis** — GREECE
- **Margarita Natsika** — GREECE

Lectures of up to 7 minutes, with about half of each scientific session given to case discussion, audience voting and panel debate. Provisional programme: sessions, talks and faculty may change and remain subject to invitation and confirmation.