



Hip Injuries in Athletes

From FAI to DDH

The Olympic Path to Joint Preservation

15-16 April 2027

NJV Athens Plaza

Athens, Greece

SCIENTIFIC PROGRAMME

1.5 days**Scientific programme**

Thursday and Friday morning

7 min**Maximum lecture**

each answers one clinical question

~50%**Of each session**

cases, voting and panel debate

TBC**CME credits**

details to follow

APR

15

THU

Day one

10:00 to 18:00 • 5 sessions + final challenge • 22 talks

10:00 to 10:10
10 MIN

Welcome and Educational Objectives

MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou

- 1 Opening, Olympic theme and course objectives
- 2 ESSKA Academy content pathway and interactive format

**Oliver Marín-Peña and
Athanasios Papavasiliou****Oliver Marín-Peña****10:10 to 10:17**
7 MIN

ESSKA Keynote Lecture

INTRODUCTION by the Course Chairs

- 1 The Athletic Hip in 2027: What Should We Be Doing Differently?

Vikas Khanduja**10:17 to 11:17**
60 MIN

Session I • FAI in the High-Impact Athlete

MODERATORS Oliver Marín-Peña and Tahsin Beyzadeoglu

- 1 FAI in pivoting sports: which morphology really matters?
- 2 Labrum: repair, augmentation or reconstruction?
- 3 Capsule: when is closure not enough?
- 4 Cartilage damage in the athlete: when does arthroscopy stop making sense?

Filippo Randelli**Baris Kocaoglu****Safa Gürsoy****Ali Bajwa**

DISCUSSION About 32 minutes of interactive case discussion, with stepwise cases, audience voting and re-voting after discussion. Panel: Filippo Randelli, Baris Kocaoglu, Safa Gürsoy, Ali Bajwa and Nicolas Bonin.

11:17 to 12:17
60 MIN

Session II • Groin, Lateral Hip and Extra-Articular Sports Injuries

MODERATORS Lior Laver and Dora Papadopoulou

- 1 Groin pain in athletes: a practical diagnostic pathway
- 2 Deep gluteal syndrome: who really needs surgery?
- 3 Proximal hamstring pathology: when should we repair?
- 4 Lateral hip pain: rehabilitation before intervention

Per Holmich**Bruno Capurro****Marc Tey Pons****Robert Prill**

DISCUSSION About 32 minutes of multidisciplinary case discussion. Panel: Per Holmich, Bruno Capurro, Marc Tey Pons, Robert Prill and Suzanne Huurman.

12:17 to 13:17**Working lunch, industry exhibition and networking • 60 min**

13:17 to 14:17
60 MIN

Session III · The Athlete with DDH and Structural Borderlines

MODERATORS Athanasios Papavasiliou and Panos Christofilopoulos

1	Borderline dysplasia: instability or impingement?	Michael Wettstein
2	Imaging structural instability beyond the LCEA	Margarita Natsika
3	PAO in active patients: indications and return to sport	Sufian S. Ahmad
4	Arthroscopy, PAO, femoral osteotomy or combined treatment?	Ajay Malviya

DISCUSSION About 32 minutes of interactive structural-decision cases, with votes on arthroscopy, PAO, osteotomy, combined treatment or no surgery. Panel: Michael Wettstein, Margarita Natsika, Sufian S. Ahmad, Ajay Malviya and Panos Christofilopoulos.

14:17 to 14:47

Afternoon coffee and industry exhibition · 30 min

14:47 to 15:47
60 MIN

Session IV · Rehabilitation and Return to Sport

MODERATORS Dora Papadopoulou and Tahsin Beyzadeoglu

1	Rehabilitation progression after hip preservation surgery	Suzanne Huurman
2	Functional testing: what should we actually measure?	Francesco Della Villa
3	Return to training, sport and performance	Robert Prill
4	Sport-specific readiness and return-to-performance decision-making	Stefano Di Paolo

DISCUSSION About 32 minutes of return-to-sport cases, with audience votes on readiness to train, compete or delay, and on missing criteria. Panel: Suzanne Huurman, Francesco Della Villa, Robert Prill, Stefano Di Paolo and Lior Laver.

15:47 to 16:42
55 MIN

Session V · Innovation: Evidence or Enthusiasm?

MODERATORS Jakub Kautzner and Daniel Pérez-Prieto

1	Orthobiologics in the athletic hip: what is actually supported?	Laura de Girolamo
2	AI, advanced imaging and 3D planning: what changes clinical decisions?	Klemen Strazar
3	Traction-free hip arthroscopy: evolution or revolution?	Matti Seppanen

DISCUSSION About 34 minutes of evidence-versus-innovation case discussion. Panel: Laura de Girolamo, Klemen Strazar, Matti Seppanen, Vikas Khanduja and Jakub Kautzner.

16:42 to 17:42
60 MIN

Final Interactive Challenge: The Athletic Hip Case That Divides the Faculty

CASE PRESENTERS Oliver Marín-Peña and Athanasios Papavasiliou

DISCUSSION Two complex cases of about 30 minutes each: vote, panel debate, audience questions, re-vote, then the actual treatment and outcome. Panel: Vikas Khanduja, Ajay Malviya, Baris Kocaoglu, Michael Wettstein, Filippo Randelli and Panos Christofilopoulos.

17:42 to 18:00
18 MIN

Day 1 Synthesis and Take-Home Messages

MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou

FORMAT Faculty synthesis of the decisions that changed during discussion, and a preview of Friday morning

APR

16

FRI

Day two

08:00 to 11:30 · 3 sessions · 12 talks

08:00 to 08:50 50 MIN	Session VI · ESSKA Hip Research and Rapid Communications MODERATORS Andre Sarmento and Laura de Girolamo 1 ESSKA Hip collaborative research: where should we go next? Andre Sarmento 2 Five to six selected rapid communications, up to 5 minutes each Selected abstract presenters DISCUSSION Moderated research discussion. Panel: Andre Sarmento, Laura de Girolamo, Filippo Randelli, Sufian S. Ahmad and Vikas Khanduja.
08:50 to 09:50 60 MIN	Session VII · Training the Hip Preservation Surgeon of the Future MODERATORS Eleftherios Tsiridis and Safa Gürsoy 1 How should hip arthroscopy be taught? Jacek Mazek 2 Cadaveric training: what skills should be assessed? Athanasios Papavasiliou 3 ESSKA Hip Core Curriculum → Academy → Courses Daniel Pérez-Prieto 4 From course attendance to competency-based certification Oliver Marín-Peña DISCUSSION About 32 minutes of faculty discussion, with votes on competencies and assessment standards. Panel: Jacek Mazek, Athanasios Papavasiliou, Daniel Pérez-Prieto, Oliver Marín-Peña, Vikas Khanduja and Andre Sarmento.
09:50 to 10:10	Morning coffee and industry exhibition · 20 min
10:10 to 11:10 60 MIN	Session VIII · Failed Hip Preservation: Revision, Salvage and Treatment Boundaries MODERATORS Filippo Randelli and Michael Wettstein 1 Why does hip arthroscopy fail? Nicolas Bonin 2 Revision hip arthroscopy: what can realistically be corrected? Jacek Mazek 3 Structural failure after preservation: reassess the diagnosis Panos Christofilopoulos 4 When should the young active patient move to arthroplasty? Daniel Haverkamp DISCUSSION About 32 minutes of difficult-case discussion, with votes on revision arthroscopy, PAO, osteotomy, combined reconstruction or THA. Panel: Nicolas Bonin, Jacek Mazek, Panos Christofilopoulos, Daniel Haverkamp, Ajay Malviya and Eleftherios Tsiridis.
11:10 to 11:30 20 MIN	Academy Integration, Next Steps and Closing MODERATORS Oliver Marín-Peña and Athanasios Papavasiliou 1 Academy-ready content and educational gaps Daniel Pérez-Prieto 2 Strategic next steps and certification pathway Oliver Marín-Peña

FACULTY

CHAIRS

Oliver Marín-Peña SPAIN	Athanasios Papavasiliou GREECE	Ajay Malviya UNITED KINGDOM
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FACULTY

Sufian S. Ahmad GERMANY	Ali Bajwa UNITED KINGDOM	Nicolas Bonin FRANCE	Bruno Capurro SPAIN
Francesco Della Villa ITALY	Safa Gürsoy TÜRKIYE	Daniel Haverkamp NETHERLANDS	Per Holmich DENMARK
Suzanne Huurman NETHERLANDS	Vikas Khanduja UNITED KINGDOM	Baris Kocaoglu TÜRKIYE	Lior Laver ISRAEL
Jacek Mazek POLAND	Filippo Randelli ITALY	Andre Sarmento PORTUGAL	Matti Seppanen FINLAND
Klemen Strazar SLOVENIA	Marc Tey Pons SPAIN	Michael Wettstein SWITZERLAND	Robert Prill GERMANY
Stefano Di Paolo ITALY	Daniel Pérez-Prieto SPAIN	Laura de Girolamo ITALY	Panos Christofilopoulos SWITZERLAND
Dora Papadopoulou UNITED KINGDOM AND GREECE	Tahsin Beyzadeoglu TÜRKIYE	Jakub Kautzner CZECH REPUBLIC	Eleftherios Tsiridis GREECE
Margarita Natsika TBC			

Lectures of up to 7 minutes, with about half of each scientific session given to case discussion, audience voting and panel debate. Provisional programme: sessions, talks and faculty may change and remain subject to invitation and confirmation.